

# GymAbility

## An all inclusive program for kids of all ages and abilities

GymAbility is a more specific program that is designed to suit all levels of physical and mental ability. Our qualified coaches are trained to adapt movements to suit everyone's needs while delivering a gymnastics experience that is safe, enjoyable and enables every participant to reach their potential.

Dalrymple Bay Coal Terminal has proudly sponsored this program so that families are able to attend for FREE in the 2026 year.



**DALY BAY**



Gymnastics  
Queensland



SCAN THE QR CODE TO  
BOOK A FREE TRIAL OR  
ENROL IN THE CLASS

Sundays from 10-11am.  
Check our facebook events  
page for upcoming dates.

FIND OUT MORE: [WWW.MACKAYGYMNASTICS.ORG.AU](http://WWW.MACKAYGYMNASTICS.ORG.AU)