



MACKAY GYMNASTICS INCORPORATED

FREE G COACH

Casual Position (4-6 hours per week)

About us

Mackay gymnastics is a Not for Profit Club that caters for all ages and abilities. We are currently looking for someone to join our professional and supportive team of coaches. We are seeking an energetic team member who wishes to gain experience working with parkour/tricking athletes. They need to be hardworking and committed to delivering a quality parkour program in a welcoming and friendly environment.

What is Free G?

Free G is Gymnastic Australia's parkour and tricking curriculum. Combining skills from a variety of movement inspirations (including breakdancing, martial arts, parkour, tumbling, gymnastics and freerunning) Free G is designed to allow a free expression of movement, flipping, jumping, rolling and climbing within a safe environment inside our club walls. All of these movements are broken down and taught safely with our experienced coaches to ensure that our athletes learn in the best environment they can!

Qualifications and Experience

- Excellent communication skills
- Physically active – able to move equipment and lift children
- No gymnastics experience necessary, all gymnastics can be taught if applicant understands aspects of child development.
- 16 + Preferred

Tasks and Responsibilities

- Deliver and coach a suitable and safe Free G Program
- Follow lesson plans and ensure they are delivered in a fun and safe environment in accordance with Gymnastics Australia and Mackay Gymnastics policies.
- Long term, develop appropriate lesson plans suitable for the classes you will oversee.
- Work in a Team Environment

What we can offer you

- Current hours Tuesday and Thursday after school hours with the opportunity to expand on these times as the program grows. Hours of work are for School Terms, with holiday programs offered during school holidays
- On the job training to obtain all qualifications required.
- Supportive Team to assist you in all parts of your position.

To apply please email your resume to Jenny Rowland - Director of Coaching at doc@mackaygymnastics.org.au

5 Snow Wright Court, Beaconsfield Q 4740
PO Box 3001, Mackay Qld 4740
ABN: 51 575 806 426
E: admin@mackaygymnastics.org.au
www.mackaygymnastics.org.au