

KinderGym



A fun, play-based, fundamental gymnastics program for pre-school children aged 18mths to 5yrs

Nurturing active, confident kids, our KinderGym program offers building blocks for a healthy future.

Kids are born to move! We all know it is important to be active, but do you know where to start?

The program is packed with activities to develop gross and fine motor skills, music and rhythm, success, and challenges. KinderGym classes are designed to develop physical literacy in the whole child – socially, emotionally, cognitively, and physically.

Our qualified, nationally-accredited coaches tailor classes to your child's age and developmental stage to ensure they get the best out of each class.

The classes provide an environment for children to develop physical and cognitive skills in a fun, safe and playful way, at their own rate through guided exploration.

Class age groups are:

- Little Leapers for 18months - 3years
- Mini Mites for 3years - Pre-Kindy
- Action Acrobats for Kindy-Prep

View our timetable below:

Monday	Action Acrobats 3.30-4.30pm
Tuesday	Little Leapers 9.30-10.15am Mini Mites 10.30-11.15am
Wednesday	Action Acrobats 3.30-4.30pm
Thursday	Action Acrobats 3.30-4.30pm
Friday	-
Saturday	Little Leapers 8.00-8.45am Mini Mites 8.45-9.30am Action Acrobats 9.45-10.45am



Gymnastics
Queensland

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